

Why a Child Eye Exam Belongs on Your Back-to-School Checklist

Lisa Esposito • Aug. 12, 2016, at 11:19 a.m.

You don't have to wait for [back-to-school](#) time to get your child's eyes examined. But if your kids haven't had their yearly eye checks yet, make an appointment. Eye exams detect unsuspected problems that can affect kids' ability to read and study, see the board in class, excel in sports and reach their full potential at school.

Sofia, a 13-year-old from Huntington, New York, is going back to school with a difference. She'll be starting eighth grade without the need for academic accommodations known as inclusion, unlike previous school years. Months of vision therapy – for a condition that had gone undiagnosed and caused learning problems since